

July 2015

# V.O.I.C.E.!

No.1

Views Of Ichinoseki Culture Exchange

## Foreign Voices of Ichinoseki!

P2~P3

### INSIDE:

Let's Go to Canada.....P4~P5

Breakfast Around the World.....P6~P7

ILC News.....P8

Comics and Games.....P9

「ALT NEWS」は、様々なテーマについての ALT の声を、児童・生徒、先生方に届けるため、ALT が中心となって作成しました。

授業の教材として使ったり、印刷して校内に掲示したりするなど、英語教育、国際理解教育の教材として、ぜひご活用ください。

# Foreign Voices of Ichinoseki!



Hello! I'm Lawrence Millicent Anne Alvarez. Please call me L.A. I'm from Manila, Philippine. I've lived in Senmaya for 1 year. I like pizza, pasta, yakiniku, and ramen. I like singing and playing the piano. I came to Japan because my sister lives in Aichi. I'm interested in Japanese culture.



HI! I'm David Hancock. I'm from Maryland, USA. I'm 25 years old. I've lived in Ichinoseki for 3 months. I like sushi, yakiniku and Mcdonalds. I don't like natto! I like billiards, technology and Kanji. I came to Japan because the culture has influenced me.



Hello! I'm Tim Jones. I'm from Oneonta, New York. I've lived in Japan for 1 year. I like nature and hiking. I love animals, especially dogs! I have two dogs, a big yellow Labrador and a little Shitzu mix.



Hi! My name is Bill Lewis. I'm from Savannah, Georgia. I live in Mizusawa-ku, Oshu-shi. I like Lasagna and Sushi, especially scallops and octopus sushi. I'm looking forward to the new Star Wars movie this year!



Hello! I'm Kevin Kanalley. I'm from Cortland, New York. I'm 28 years old. I've lived in Senmaya for 1 year. I like traveling, soccer, basketball, games and Japanese. I like pizza, spicy foods, and tantanmen too! I love Japanese culture and meeting people!

Hi everyone! I'm Terri Lui. I'm from Vancouver, Canada. I've lived in Ichinoseki since April, 2015. I like to travel, play musical instruments, read books, and brass band concerts. I also teach music. I came to Japan because I like Japanese culture and food. I like Taiko and Kyudo, too!





Hi! I'm Marqui Mckenzie. I'm from America. I like photography, movies and music. I like studying Japanese. My goal is to become fluent. I like Japanese food. I came to Japan in March, 2015. I live in Senmaya. It's a beautiful town. The people are very friendly, too!



My name is Winfred Amanor Quarshie. I'm from Ghana, West Africa. I've lived in Japan for 10 years. I love Jollof Rice. It's a rice dish from Ghana. I like aburi engawa sushi, too! I like watching movies, signing and helping people. I came to Japan to study at Yokohama University.

Hi! I'm Jenny Parker. I married my husband Nigel Church in January. So now, I'm Jenny Church. I've lived in Ichinoseki for 2 years. I am 25 years old. I'm from Columbia, Missouri. I like Uni sushi and cheese pizza. I like writing stories, playing the Ukulele and hiking. I came to Japan to study Japanese language and culture.



Hi! My name is Maxime Savard. I'm from Montreal, Canada. I became interested in Japan in Junior High School. I studied Geography and East Asia in University. I came to Japan in 2006. I lived in Hiroshima and Rikuzentakata. I live in Hagisho now, I like poutine, lasagna, and Okonomiyaki. My hobbies are scuba diving and taking pictures

Hi! I'm Nathaniel Smith. I'm from Dallas, Texas. I'm 30 years old. I've lived in Ichinoseki for 2 years. I like reading books, riding my bike, and traveling. I don't like running. I like tacos, pizza, pasta, and yakisoba. I came to Japan because I like Japanese culture and teaching English.



Hi! I'm Kevin Thompson. I'm from Seattle, USA, but I was born in Misawa, Aomori. I live in Fujisawa. I've lived in Ichinoseki for 5 years. I like pizza and McDonalds cheeseburgers. I like maguro sushi, squid fry, and Yebisu beer. I like cooking, karaoke and science. I like onsen too!



## Quebec City



Canada's oldest city. About 95% of the people speak French. It is a UNESCO world heritage site, too! It is in the province of Quebec.

Niagara Falls is the second largest waterfall in the world! It is in the province of Ontario.



## Niagara Falls

## Banff



Canada's most beautiful park. You can go hiking, horseback riding, ski, bike or ride a gondola! There are also hot springs! It is in the province of Alberta.

# Let's Go!



# Canada



### Poutine:

A very popular Canadian food. It is French fries with cheese and gravy sauce.



### Beaver Tails:

It is like a flat donut. The basic topping is cinnamon sugar and lemon juice. Chocolate, jam, fruit and maple syrup are also popular toppings



### Tortierre:

A tortierre is a meat pie! We eat it with mashed potatoes, gravy sauce or maple syrup!



## Ottawa (capital)



## Toronto



## Montreal



## Vancouver



## Word Box!

flat: 平らな

largest: 一番大きい

province: 州

~is like: のような

oldest: 一番古い

World Heritage Site:  
世界遺産

C  
O  
U  
N  
T  
R  
Y  
V  
O  
I  
C  
E  
!

S  
I  
G  
N  
T  
O  
O  
H  
O  
M  
E



# Animals

Beaver



Moose

Polar Bear

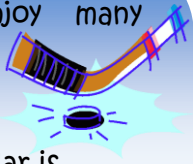


Wolf

# Sports

Canadians enjoy many sports!

But, the most popular is Ice Hockey!!



## HOW DO YOU MAKE MAPLE SYRUP?



1

MAPLE SYRUP COMES FROM THE MAPLE TREE

**START!**



4

NOW WE CAN ENJOY DELICIOUS MAPLE SYRUP!



WE ATTACH BUCKETS TO COLLECT THE TREE SAP. THE TREE SAP IS CLEAR.



2



LAST, WE BOIL THE SAP FOR A LONG TIME UNTIL IT BECOMES THICK AND CHANGES COLOR.



3



# Recipe Box!

## Maple Scones

### Scones:

3 cups flour  
1 Tablespoon Baking Powder  
1/2 teaspoon Salt  
1/3 cups Brown Sugar  
1/2 cup Butter  
2 Eggs, lightly beaten  
1/2 cup Maple Syrup

### Maple Glaze:

1 cup Powdered Sugar  
2 Tablespoons Maple Syrup  
1/8 teaspoon Cinnamon  
1/8 teaspoon Nutmeg  
2 teaspoons milk

### ※To make Glaze:

Mix all the ingredients together.



### How to Make:

Preheat oven to 220 celcius

Mix flour, baking powder, salt and sugar. Add butter, mix lightly. Stir in eggs and maple syrup. Put dough on a lightly floured surface and knead. Roll dough out into 1/2 inch thick. Cut into 8 pieces. Bake for 15-20 minutes

## Word Box!

add: 加える cup: カップ(1 cup = 200cc) dough: 生地 floured surface: 打ち粉をする knead: こねる  
lightly beaten: 軽くほぐす most popular: 一番人気がある preheat: 加熱 roll out: 生地を伸ばす  
stir in: かき回しながら~に混ぜる tablespoon: 大きじ teaspoon: 小さじ tree sap: 樹液



**America:**

Fried eggs, toast, bacon and Hashbrowns. Pancakes are very popular, too!  
Drinks: milk, juice, coffee



**Finland:**

Meats, cheeses, rye bread, eggs, fish  
Drinks: coffee, tea, milk



**Morocco:**

Breakfast is often sweet. Bread, honey, olives and dates



**Egypt:**

Foul Madamas is lemon, garlic, beans with tahini sauce. Vegetables, eggs, and a little olive oil and cayenne pepper



**Mexico:**

Very spicy! Beef, beans chili peppers and cheese.



**Brazil:**

A lot of meats, cheeses, and bread



**Ghana:**

Koko is popular for breakfast. It is a kind of porridge.



## Breakfast Around the World!



Let's look at some breakfasts from around the world!  
Does it look delicious?  
Which breakfast do YOU want to try?

**Turkey:**

Usually little bites of food: Cheese, butter, tomatoes, meats, olives, cucumbers and eggs.

**Mongolia:**

Boiled mutton with rice and milk.

**Philippines:**

Bread rolls and coffee. Tapsilog is popular, too. Tapsilog is rice with dried meat and a fried egg.

**Iran:**

Bread, butter, cheese, nuts and fruit  
Drinks: black tea

**Cambodia:**

Kuy Teav is a rice noodle soup with meat and vegetables.

**Australia:**

Vegemite and toast is a popular breakfast.  
Drinks: Tea, juice or coffee



# Word Box!

**a kind of:** ある種の～

**hashbrowns:** ハッシュトポテト

**spicy:** 辛い

**porridge:** ポリッジ

(お粥のような食べ物)

**boiled:** ゆでた

**little bites:** 一口大

**rye bread:** ライ麦粉で作られたパン

**dates:** ナツメヤシ果実

**mutton:** 大人の羊の肉



ZZ



Hi! My name is Nate Hill. I'm from Perth, Australia. I'm 37 years old. I've lived in Ichinoseki for 2 years. I like sightseeing and taking photos. I like sashimi and zarusoba, but I don't like natto! I studied Japanese in high school, so I became interested in Japan. I work in the ILC Promotion Division at the City Office.

# JULY NEWS!

## ICHINOSEKI SCIENCE CAFE



SCIENCE CAFES ARE A CHANCE TO TALK WITH RESEARCHERS AND OTHER EXPERTS AND LEARN MORE ABOUT SCIENCE AND PARTICLE PHYSICS!

コーヒーなどを飲みながら、素粒子物理学をはじめとする科学について、研究者などの専門家と気軽に語り合い、科学を身近に感じてみませんか？

**LOCATION:** ICHINOSEKI CITY LIBRARY (OOMACHI 2-46), SECOND FLOOR, "SUN ROOM"  
**NUMBER OF PARTICIPANTS PER SESSION:** ABOUT 30  
**COST:** 200 YEN (STUDENTS FREE)  
**APPLICATIONS AND ENQUIRIES:** ILC PROMOTION DIVISION,  
**TEL:** 0191-21-2111 (INTERIOR LINE 8646, 8647)

【会場】一関図書館(大手町 2-46)  
 2階 サンプルーム  
 【参加人数】30人程度  
 【参加料】200円(但し学生は無料)  
 【申込・問合先】市 ILC 推進課  
 TEL:0191-21-2111  
 (内線 8646・8647)



FIRST SESSION!  
 SUNDAY, AUGUST 2<sup>ND</sup>  
 "FUNDAMENTAL PARTICLES  
 AND THE UNIVERSE SEEN  
 THROUGH THE ILC"



第1回!

8月2日(日)

「ILCで見る素粒子と宇宙」

**Link!**

Here is the address for Ichinoseki's ILC Website!  
 Check it out!  
 The Website is in English and Japanese!



<http://www.city.ichinoseki.iwate.jp/ilc/en/index.html>





# LIFE!?



## Word Search

|   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | M | O | R | O | C | C | O | E | F | D | N | I | W | I | M | A | B |
| A | E | A | U | P | H | N | N | R | D | P | U | U | N | R | O | N | R |
| U | A | P | H | I | L | I | P | P | I | N | E | S | Q | A | N | P | A |
| S | T | C | C | A | M | B | O | D | I | A | L | T | T | N | G | M | Z |
| T | K | C | K | C | A | N | A | D | A | F | G | G | U | O | O | X | I |
| R | G | T | A | S | F | H | Q | D | Q | U | F | E | R | L | L | V | L |
| A | W | G | C | W | X | B | C | S | M | L | G | F | K | C | I | J | I |
| L | L | S | H | E | G | Y | P | T | C | P | E | G | E | A | A | A | Z |
| I | D | W | N | B | V | W | O | B | I | D | U | L | Y | A | Z | P | K |
| A | G | H | A | N | A | U | M | E | X | I | C | O | L | Q | O | A | T |
| K | Z | F | B | W | A | M | E | R | I | C | A | U | E | X | O | N | O |
| N | W | U | Y | T | M | F | I | N | L | A | N | D | N | P | U | V | Z |

Find the following countries in the puzzle.

|         |             |                   |          |
|---------|-------------|-------------------|----------|
| AMERICA | AUSTRALIA   | <del>BRAZIL</del> | CAMBODIA |
| CANADA  | EGYPT       | FINLAND           | GHANA    |
| IRAN    | JAPAN       | MEXICO            | MONGOLIA |
| MOROCCO | PHILIPPINES | TURKEY            |          |

発行物： ALT NEWS (第1号)  
 発行者： 一関市教育委員会学校教育課  
 責任者： 指導主事 和賀 真樹、ALT キラ・シカロ  
 発行日： 平成27年7月22日発行