August 2015



Views Of Ichinoseki Culture Exchange

My Favorite Ichinoseki! P3~P4

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「ALTNEWS」は、様々なテーマについての ALTの声を、児童・生徒、先生方に届けるた め、ALTが中心となって作成しました。 授業の教材として使ったり、印刷して校内に 掲示したりするなど、英語教育、国際理解教 育の教材として、ぜひご活用ください。

Foreign Voices of Ichinoseki!



My name is Nigel Church. I'm from the United States. I have lived in Japan for two years, but this is my first year living in Iwate. I like pasta, ramen, and udon. I like noodles very much! I also like travelling and reading. I came to Japan because I studied Japanese culture for many years!

Hi! My name is Manasvi Mehra. I'm from India. I like dancing, reading books and music. I studied abroad in Japan in 2013 and came back in April, 2015. Thank you!



Hi! I'm Sidney Schaben. I'm from Minnesota, America. I love to read and write. I like kimchi and tonkotsu ramen. I've lived in Japan for about one year!

Hello Ichinoseki! My name is Babajide Taiwo, but please call me Jide. I'm from New York City, USA. I have been in Japan since March, 2015. I love Iwate! I am a city boy by birth, but a country man at heart. I like nature, football, soccer, basketball and music. I look forward to many adventures in Ichinoseki! Thank you Ichinoseki!!



NA Favorite Ichinoseki!

What do you like about Ichinoseki?



Geibikei

My favorite Ichinoseki is Geibikei Gorge. I really enjoy the scenery* while on the boat. I also like the boatman's song. It feels so special to be there. I like zunda mochi, too!

Lawrence Millicent Anne Alvarez



Ranbaisan

Ichinoseki has many beautiful places to hike. My favorite place is a small mountain called Ranbaisan. It is peaceful and I can enjoy nature* there. I try to go there everyday!



Tim

Jones



Genbilkel

When I have some free time, I love to visit Genbikei. The white rapids* are beautiful. The "Flying Dango" are delicious. I like to walk along the trail* in the woods*, too!

Bill Lewis

AEON

I like Ichinoseki AEON Super Center. There is a supermarket, bookstore, restaurants and so on. I can buy everything I need at AEON. I can go to AEON Super Center everyday!





ESTIVAS

I like Ichinoseki's festivals. The people and dances are very interesting! The food is delicious, especially* Ichinoseki meat and yakisoba.



Marqui Mckenzie





Maxime Savard



Geibikel

I like Geibikei. It is quiet and has a lot of shade*, so it's not hot in the summer. The view is nice and the water is clear. You can eat delicious dango, too!

TSUPINAMA

I like Tsuriyama Park. It is very pretty. The view from Tsuriyama Park is very nice. It is a good place for a walk or a picnic.



Nathaniel

Smith



Kevin Thompson

> scenery:景色 nature:自然 rapids:急流 trail:道

Monkey Center

I like the Monkey Center at Iwate Safari Park. You can play with some monkeys and give them food. This monkey is a Lemur^{*}. He comes from Madagascar^{*}.

woods:森

especially:とくに shade:影 lemur:キツネザル Madagascar:マダガスカル





The Capital

Jountry V.O.I.C.

eijin





It is fried dough* wrapped* around rice paper. Toppings are green onions, sesame* and soy sauce

"Chinese hamburger The main ingredients are pork and bread • over 20 spices are used to give it flavor!





It is often eaten cold. It is made of beef lung*,stomach*, Tongue* and many spices

population:人口 main language: 公用語 main religion:大宗教 Buddhism:仏教 Taoism:道教

wrapped:くるむ sesame:胡麻 lung:肺 stomach:胃 tongue:舌 communist:共產主義 dough: 生地





It is the longest man made structure* built!

It is 6437km long! It was built 2000 years ago It is made of stone, wood, earth, lime* and rice! It took about 200 years to build

Sightseeing

It is a collection of about 8000 life sized* statues*. The statues were built over 2000 years ago. The hair style, uniforms, and facial expressions* of every statue are all different!





There are 9999 rooms! It was off limits* for 500 years. It was open to the public* in 1949. Through the years, it was the

Word BOX!

home of 24 emperors

The mountains are very tall and covered* in mist and fog*. You can ride a cable car through the mountains, tool

man made structure: 人工物 lime:石灰 statue:像 life sized:等身大の facial expressions:顔の表情 covered in: 覆われている fog: 霧 public: 一般人(公衆) off limits: 立ち入り禁止



Pink Dolphin



Sport

China's most popular sport is Basketball! Many chinese people enjoy watching basketball on TV and playing it, too!

Recipe Box!



ut Chai Ko 20g · Tsubuan Red Bean Paste 40g · Rice Flour* 13g · Cornstarch* 55ml · Water

- 35g · Brown Sugar

1/2 teaspoon · Vanilla Essence



Sweet rice pudding* made with red beans!

How to Make:

1 Mix rice flour, cornstarch and water until smooth* **2**Boil* and melt* sugar and 115ml water and mix with rice flour mixture* **3Add vanilla essence. Mix well. 4Pour into 5 greased* tea cups.**

- **(5) Add red beans on top** 7 Let cool for 2 hours
- 6 Steam for 20 minutes.

pudding: プリン flour mixture: 小麦粉のミックス rice flour: 米粉 pour: 注ぐ cornstarch:片栗粉 smooth:なめらか let cool:冷やして

greased:油を塗った boil: 煮る melt:溶かす





A skirt or very baggy* pants and a vest for

Poukamiso* Cotton dress, apron, a big head scarf and a vest made of wool for women



It is the most beautiful polish outfit*. It is worn in some religious holidays. Made of linen and wool. It is very colorful!



othing Around the world!

Lowicki*

Sweden

Sverigedrakten*

It is the national costume of Sweden. It was designed in 1903. It is a blue skirt (women), yellow pants (men), a blue vest, a white shirt and yellow apron. Single women* wear flowers or ribbons in their hair. Married women wear a scarf.

Word Bux.

Foustanella:フスタネーラ reversable:両面兼用 baggy:緩い Poukamiso:プカミソ Lowicki:ウォヴィッキ linen:リネン outfit:一式 Sverigedrakten:スウェーデンドラックテン single women:独身女性 Chamanto:チャマント

Chile

Chamanto Similar to a Poncho.

It is reversable*.

One side is dark and the other side is light. The dark side is worn during the day, and the light side is worn at night!



Lupita'

It is very colorful! Worn by men and women, it can be found at the local* market. It is usually worn with a head scarf.

Congo

Graditional clothing can teach us a lot about a country's culture, beliefs, and weather, too!

Cameroos

Boubou*

Worn by men during special events

Kabba*

Often worn at home by women

Sulu*

Worn by men and women. Women wear the Sulu in daily life.

Men wear the Sulu to important events

All women must wear the Abaya, a long black robe, and a face veil* called a Nigab.

Abaya

DUD

Thobe* Men and boys wear the Thobe, a white robe. A Gutra* is worn on the head.

Lupita: ルピタ local:地元の Boubou:ボウボウ Kabba:カバ daily life:日常生活 Abaya:アバヤ veil:ベール Thobe:トーブ Gutra:グトラ Niqab:ニカブ Sulu:スル

Word BOX!



Parka*

A heavy jacket made of caribou* fur*.

Most clothes are home made!*

Very warm, but very heavy!

Greenland Anorak*

Made of silk, wool and colorful beads.

The neck and wrists are tight* to protect against cold weather.

Every culture is special and unique!

Parka:パーカー San caribou:カリブー Teg fur:毛皮 Gh homemade:手作りの Anorak:アノラック tight:きつい seal skin:オットセイの毛皮 Sinh:シンフ pouch:ポーチ Sinh*

The Sinh is made of three parts. It is usually two colors. It is worn for many different events.

Salong*

The Salong are big pants. They are worn to important events.

Kira S

The pants and shoes are made

of bear or seal

skin*.

A long dress women wear with a jacket called a Tego*. A coloful scarf is worn over the shoulders.

Gho*

A long robe for men. It is worn with a pouch.*

Sarong:サロン Tego:テゴ Gho:ゴ

Word Box

The 26th annual* Ichinoseki City Junior High School Students Exchange Program started on July 23rd, 2015.

Australia

Exchange

7 students visited Ichinoseki's Sister City*, the Central Highlands Regional Council (CHRC)*, in Queensland, Australia, for 12 days.

They stayed in Fujisawa's "Seminar House"in CHRC, Queensland. They also did a homestay with an Australian family for 5 nights.



To get from Fujisawa to CHRC, Queensland, they rode* a bus, two trains, and three airplanes!! It was a long trip, about 29 hours!

child central highlands regional council They visited schools to learn about Australian culture. They taught* the Australian students about Japanese culture, too!

> The students made a presentation to introduce* Ichinoseki City.

> > Baggage

HE WORL

Everyone could become good friends with many Australia people!

They also had a chance* to visit some sightseeing spots*, such as SEAWORLD in the Gold Coast, and the Opera House in Sydney!





Word BOX!

annual:年々の Sister City:姉妹都市 CHRC:セントラルハイランズ市 rode:乗った taught:教えた introduce:紹介する had a chance:機会があった sightseeing spots:観光名所

Hi! My name is Nate Hill. I'm from Perth, Australia. I work in the ILC Promotion Division at the City Office.

Ichinoseki Science Cafe

Science Cafes are a chance to talk with researchers and other experts and learn more about science and particle physics!

Location: Ichinoseki City Library (Oomachi 2-46), second floor, "Sun Room" Time: 14:00~16:00 Number of participants per session: about 30 Cost: 200 yen (students free) Applications and enquiries: ILC Promotion Division, TEL: 0191-21-2111 (interior line 8646, 8647) コーヒーなどを飲みながら、素粒子物理 学をはじめとする科学について、研究者 などの専門家と気軽に語り合い、科学 を身近に感じてみませんか?

【会場】一関図書館(大手町 2-46) 2階サンルーム 時間:14:00~16:00 【参加人数】30人程度 【参加料】200円(但し学生は無料) 【申込・問合先】市 ILC 推進課 TEL: 0191-21-2111 (内線 8646・8647)

Second Session Saturday, September 12 "Using the ILC to Unravel the Mysteries of the Beginning of the Universe" 第2回 9月12日(土) "宇宙誕生の謎に迫る ILC」

Here is the address for Ichinoseki's ILC Website! Check it out! The Website is in English and Japanese!

o a la la







Kevin coaches his students for the English Speech Contest.

Word Box!

clear:はっきりと do your best: 最善を尽くす don't make a mistake:間違えない effort:努力 progress:進歩

