

December 2025

Doctors on Duty

◆ **Nighttime medical service** (hours: 18:00~20:00)

◆ **Holiday medical service** (hours: 9:00~17:00)

Additional Information

- If urgency is low, please consult during the daytime consultation hours on weekdays.
 - For consultations at night (18: 00-20: 00), please call the night emergency on-duty doctor.
 - Make sure to call before showing up as the medical facilities on duty may change. Ichinoseki City Hall can confirm which doctors are available if changes occur (0191-21-2111).
 - Don't forget your insurance card and medical diary (if you have one).
 - Call **119** for medical emergencies (Interpreters are available)
- Click hyperlinks for info on clinics

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	◆ Murone Shinryojo ◆ Abe Naika Clinic	◆ Abe Clinic (Higashiyama) ◆ Ichinoseki Chuo Clinic	◆ Kawasaki Family Clinic ◆ Oikawa Naika Ichouka Clinic	◆ Iwate Prefectural Senmaya Hospital ◆ Ito Noushinkei Naika	◆ Takagane Naika Hinyoukika Clinic ◆ Onodera Naika Junkankika	
7	8	9	10	11	12	13
◆ Abe Clinic (Higashiyama) ◆ Showa Hospital ◆ Kageyama Clinic	◆ Senmaya Hikari Clinic ◆ Kato Children's Clinic	◆ Iwate Prefectural Daito Hospital ◆ Katsurashima Clinic	◆ Kikuchi Naika Clinic ◆ Sato Junkanki Naika Clinic	◆ Iwate Prefectural Senmaya Hospital ◆ Senwa Clinic	◆ Kimura Shoukaki Naika ◆ Moriai Naika Clinic	
14	15	16	17	18	19	20
◆ Takagane Naika Hinyoukika Clinic ◆ Ichinoseki Chuo Clinic ◆ Koiwa Otolaryngology Clinic	◆ Tanifuji Naika Clinic ◆ Saiki Clinic (Maikawa)	◆ Sarusawa Shinryojo ◆ Terasaki Naika Ichouka Clinic	◆ Kawasaki Family Clinic ◆ Iwate Clinic Ichinoseki	◆ Iwate Prefectural Senmaya Hospital ◆ Abies Kanno Clinic	◆ Tanpopo Clinic ◆ Seishindo Clinic	
21	22	23	24	25	26	27
◆ Murone Shinryojo ◆ Kimura Shoukaki Naika ◆ Senwa Clinic	◆ Yoshida Naika Junkankika Clinic ◆ Nakano Naika Junkankika Clinic	◆ Iwate Prefectural Daito Hospital ◆ Yomogida Naika Clinic	◆ Abe Clinic (Higashiyama) ◆ Sugawara Naika Junkankika Clinic	◆ Iwate Prefectural Senmaya Hospital ◆ Chiba Naika Clinic	◆ Takagane Naika Hinyoukika Clinic ◆ Hiraizumi Naika Clinic	
28	29	30	31			
◆ Tanifuji Naika Clinic ◆ Chiba Naika Clinic ◆ Sugawara Seikei Geka Clinic	◆ Kawasaki Family Clinic	◆ Senmaya Hikari Clinic ◆ Onodera Naika Junkankika ◆ Yomogida Naika Clinic ◆ Sato Junkanki Naika Clinic	◆ Moriai Naika Clinic ◆ Sugawara Naika Junkankika Clinic ◆ Abe Naika Clinic ◆ Saiki Clinic (Maikawa)			