

## COVID-19 vaccination (update June 4)

### **(1) Vaccination of the elderly over 65 years old**

To prevent the occurrence of clusters, vaccination of people admitted to facilities for the elderly started from April 12th.

Vaccination of the elderly who are not admitted to facilities started from May 17 at 51 medical institutions in Ichinoseki, and from May 22nd at the Ichinoseki Gymnasium (Udome).

### **(2) Vaccinations of people under 64 years old (12 years old and over)**

Vaccination of people with underlying illness and people working in facilities for the elderly are expected to start in early August.

#### ○ Persons with underlying illness

1. Chronic respiratory illness
2. Chronic heart disease (including hypertension)
3. Chronic kidney disease
4. Chronic liver disease (such as cirrhosis)
5. Diabetes if undergoing treatment via insulin or medication
6. Blood diseases (excluding anemia)
7. Reduced immune function from disease or disorder (including cancers undergoing treatment)
8. Reduced immune function, from treatment such as steroids
9. Reduced immune function from neurological or neuromuscular conditions
10. Reduced physical capability from neurological or neuromuscular conditions (weakness, shortness of breath, etc.)
11. Chromosomal abnormalities
12. Severely limited mobility, from combination of movement disorders and developmental disabilities
13. Sleep apnea
14. Severe mental disorders (Conditions which are: Undergoing treatment via hospitalization, qualifying for social welfare allowance, or qualifying for the MHLW's healthcare reimbursement fund for ongoing inpatient treatment) or developmental disabilities (Conditions qualifying for public rehab/nursing assistance)
15. Obesity with BMI 30 or above:  $\text{Weight (kg)} \div \text{Height (m)} \div \text{Height (m)}$

\* Whether or not it corresponds to an underlying disease will be determined at the time of

vaccination with a pre-examination slip or medical handbook.

○ People who work in facilities for the elderly (people who work in the following facilities)

- 1 Geriatric health service facilities
- 2 Residential long-term care service
- 3 Facilities under the Act on Social Welfare for the Elderly
- 4 Housing according to the Elderly Living Law
- 5 Protective facilities under the Public Assistance Act
- 6 Disability support facilities under the Disability Comprehensive Support Law
- 7 Other facilities under the Social Welfare Act

### **Procedures leading up to vaccination**

Prior to receiving your vaccination, a vaccination voucher, preliminary examination slip, procedure instructions and a list of medical institutions will be sent to you from Ichinoseki City.

Decide where and when you'd like to be vaccinated and make a reservation by phone to a medical institution or call center, or make a reservation via the Internet through LINE or the city homepage.

When you go to receive the vaccine, please be sure to bring the vaccination voucher, pre-examination slip and identification documents (driver's license, health insurance card).

### **Vaccination cost**

The vaccine is free as it is a public expense.

### **Number of shots**

Two vaccinations (the second vaccination will be given three weeks after the first)

### **Persons from outside of Ichinoseki (persons outside the resident registration) who want to be vaccinated in Ichinoseki**

As a general rule, those eligible for the COVID-19 vaccine will be vaccinated at the municipality where their resident's card is located. You can receive the vaccination by notifying the municipality where you are located in advance.

[Those who do not need to make a prior notification to the city]

If you fall under the following and wish to receive a vaccination at a medical institution, you do not need to submit a notice, so please make a reservation directly with the medical institution you wish to receive your vaccination.

- Hospitalization/resident
- Being vaccinated under the attending physician due to having an underlying disease
- Needing to be vaccinated at a well-established medical institution due to high risk of side reaction
- Those who may be vaccinated at home by a doctor from a remote healthcare center performing a house call
- Persons affected by a disaster
- Incarcerated persons
- Persons who are from outside their vaccination domain and have difficulty applying to their municipality

[Those who need to make a prior notification to the city]

The following persons need to notify the city in advance by one of the following methods. When getting vaccinated, present the Certificate of Notice of Vaccination for COVID-19 Outside of Official Address issued by the city to the reception desk of a medical institution.

- Pregnant women returning home for childbirth
- A worker who is transferred to Ichinoseki due to work circumstances
- Students boarding in remote areas
- Victims of child abuse and acts such as domestic violence and stalking
- Others who the mayor acknowledges to have unavoidable circumstances

[Application on the Internet]

The Ministry of Health, Labor and Welfare (<https://v-sys.mhlw.go.jp/application/change-region.html>), click Notice of Vaccination for COVID-19 Outside of Official Address 「住所地外接種届」

[Application by mail]

Fill in all required fields on the Certificate of Notice of Vaccination for COVID-19 Outside of Official Address and mail it to the address below. The city will receive the notification, and once processed you will be issued a Certificate of Notice of Vaccination for COVID-19 Outside of Official Address.

- 1 Fill in form (application form)
- 2 Send Notice of Vaccination for COVID-19 Outside of Official Address
- 3 Address: 13-1 Maeta, Yamanome, Ichinoseki City 021-0026 (inside the Ichinoseki Health Center)  
021-0026 一関市山目字前田 13 番地 1 (一関保健センター内) Ichinoseki City Novel Coronavirus  
Vaccination Countermeasures Office

### **Consent regarding vaccination**

The vaccination is not compulsory. Vaccination against the novel coronavirus infection will be given only with the consent of the person receiving the vaccination after being provided sufficient information. Recipients of the vaccination should understand both the effects of the vaccination's ability of preventing infectious diseases and of the risk of side effects, and be vaccinated out of the recipient's own will. No vaccination will be given without the consent of the recipient.

### **Side reactions**

Vaccines have the effect of reducing the risk of getting sick and the severity, but they can cause side effects due to the administration of foreign substances into the body. Make sure you understand the vaccine and receive it when you are in good physical condition.

In Japan, medical staff will monitor recipients for 15 to 30 minutes after vaccination and take necessary measures in the unlikely event that anaphylaxis should occur.

[About Pfizer vaccines currently approved \(external link\)](#)

### **Relief System for Injury to Health with Vaccination**

In general, it's inevitable that vaccinations can in extremely rare cases cause damage to health (illness or disability), therefore a relief system is in place. The relief system, based on the Immunization Act, allows you to receive relief (medical expenses, disability pension, etc.) if vaccinations cause health damage and requires medical treatment at a medical institution or leaves you with a disability. In regard to the COVID-19 vaccination, in the case of health damage, you can receive relief based on the Immunization Act. For the contents of the current relief system, please check the Relief System for Injury to Health with Vaccination below.

[\[Ministry of Health, Labor and Welfare\] Vaccination Health Damage Relief System](#) (ext link)