

# June 2026

## Doctors on Duty

◆ **Nighttime medical service** (hours: 18:00~20:00)

◆ **Holiday medical service** (hours: 9:00~17:00)

- Call **119** for medical emergencies (interpreters available)
- **019-656-177** or **#7119** (24hr service) when you are uncertain whether you should go to the hospital or not. (Japanese)
- **019-605-9000** or **#8000** (7pm to 8am) for children under 15. (Japanese)
- If urgency is low, please consult during the daytime consultation hours on weekdays.
- Make sure to call the medical facility before showing up.

Confirm on duty doctor (changes can happen): Ichinoseki City Hall (0191-21-2111) or the Fire Department HQ (0191-25-0119)

- Don't forget your insurance card (My Number Card) and medical diary, if you have one.

Click hyperlinks for information on clinics

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 ◆ <a href="#">Murone Shinryojo</a> ◆ <a href="#">Yomogida Naika Clinic</a>	2 ◆ <a href="#">Tanifuji Naika Clinic</a> ◆ <a href="#">Hiraizumi Naika Clinic</a>	3 ◆ <a href="#">Kawasaki Family Clinic</a> ◆ <a href="#">Sugawara Naika Junkankika Clinic</a>	4 ◆ <a href="#">Iwate Prefectural Senmaya Hospital</a> ◆ <a href="#">Abe Naika Clinic</a>	5 ◆ <a href="#">Yoshida Naika Junkankika Clinic</a> ◆ <a href="#">Ichinoseki Chuo Clinic</a>	6
7	8 ◆ <a href="#">Tanpopo Clinic</a> ◆ <a href="#">Oikawa Naika Ichouka Clinic</a>	9 ◆ <a href="#">Iwate Prefectural Daito Hospital</a> ◆ <a href="#">Ito Noushinkei Naika</a>	10 ◆ <a href="#">Abe Clinic (Higashiyama)</a> ◆ <a href="#">Onodera Naika Junkankika</a>	11 ◆ <a href="#">Iwate Prefectural Senmaya Hospital</a> ◆ <a href="#">Kato Children's Clinic</a>	12 ◆ <a href="#">Takagane Naika Hinyoukika Clinic</a> ◆ <a href="#">Katsurashima Clinic</a>	13
14 ◆ <a href="#">Moriai Naika Clinic</a> ◆ <a href="#">Nakano Naika Junkankika Clinic</a> ◆ <a href="#">Saiki Clinic (Maikawa)</a>	15 ◆ <a href="#">Senmaya Hikari Clinic</a> ◆ <a href="#">Senwa Clinic</a>	16 ◆ <a href="#">Sarusawa Shinryojo</a> ◆ <a href="#">Sato Junkanki Naika Clinic</a>	17 ◆ <a href="#">Kawasaki Family Clinic</a> ◆ <a href="#">Kimura Shoukaki Naika</a>	18 ◆ <a href="#">Iwate Prefectural Senmaya Hospital</a> ◆ <a href="#">Saiki Clinic (Maikawa)</a>	19 ◆ <a href="#">Moriai Naika Clinic</a> ◆ <a href="#">Terasaki Naika Ichouka Clinic</a>	20
21 ◆ <a href="#">Tanpopo Clinic</a> ◆ <a href="#">Ichinoseki Saiki Hospital</a>	22 ◆ <a href="#">Tanifuji Naika Clinic</a> ◆ <a href="#">Abies Kanno Clinic</a>	23 ◆ <a href="#">Iwate Prefectural Daito Hospital</a> ◆ <a href="#">Seishindo Clinic</a>	24 ◆ <a href="#">Yoshida Naika Junkankika Clinic</a> ◆ <a href="#">Iwate Clinic Ichinoseki</a>	25 ◆ <a href="#">Iwate Prefectural Senmaya Hospital</a> ◆ <a href="#">Chiba Naika Clinic</a>	26 ◆ <a href="#">Tanpopo Clinic</a> ◆ <a href="#">Nakano Naika Junkankika Clinic</a>	27
28 ◆ <a href="#">Machiura Shinryojo</a> ◆ <a href="#">Abies Kanno Clinic</a> ◆ <a href="#">Okazaki Seikei Geka</a>	29 ◆ <a href="#">Abe Clinic (Higashiyama)</a> ◆ <a href="#">Yomogida Naika Clinic</a>	30 ◆ <a href="#">Takagane Naika Hinyoukika Clinic</a> ◆ <a href="#">Sugawara Naika Junkankika Clinic</a>				