

May 2026

Doctors on Duty

◆ **Nighttime medical service** (hours: 18:00~20:00)

◆ **Holiday medical service** (hours: 9:00~17:00)

- Call **119** for medical emergencies (interpreters available)
 - **019-656-177** or **#7119** (24hr service) when you are uncertain whether you should go to the hospital or not. (Japanese)
 - **019-605-9000** or **#8000** (7pm to 8am) for children under 15. (Japanese)
 - If urgency is low, please consult during the daytime consultation hours on weekdays.
 - Make sure to call the medical facility before showing up.
- Confirm on duty doctor** (changes can happen): **Ichinoseki City Hall (0191-21-2111)** or the **Fire Department HQ (0191-25-0119)**
- Don't forget your insurance card (My Number Card) and medical diary, if you have one.
- Click hyperlinks for information on clinics

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					◆ Takagane Naika Hinyoukika Clinic ◆ Hiraizumi Naika Clinic	
3	4	5	6	7	8	9
◆ Abe Clinic (Higashiyama) ◆ Kikuchi Clinic (Iwate) ◆ Kikuchi Otorhinolaryngolog Dermatology Clinic	◆ Sarusawa Shinryojo ◆ Sato Junkanki Naika Clinic ◆ Kageyama Clinic	◆ Machiura Shinryojo ◆ Seishindo Clinic ◆ Koiwa Otolaryngology Clinic	◆ Kikuchi Naika Clinic ◆ Nakano Naika Junkankika Clinic ◆ Senwa Clinic	◆ Iwate Prefectural Senmaya Hospital ◆ Abe Naika Clinic	◆ Senmaya Hikari Clinic ◆ Ichinoseki Chuo Clinic	
10	11	12	13	14	15	16
◆ Sarusawa Shinryojo ◆ Chiba Naika Clinic ◆ Koiwa Otolaryngology Clinic	◆ Moriai Naika Clinic ◆ Oikawa Naika Ichouka Clinic	◆ Iwate Prefectural Daito Hospital ◆ Ito Noushinkei Naika	◆ Tanifuji Naika Clinic ◆ Onodera Naika Junkankika	◆ Iwate Prefectural Senmaya Hospital ◆ Kato Children's Clinic	◆ Yoshida Naika Junkankika Clinic ◆ Katsurashima Clinic	
17	18	19	20	21	22	23
◆ Senmaya Hikari Clinic ◆ Hiraizumi Naika Clinic ◆ Senwa Clinic	◆ Tanpopo Clinic ◆ Sato Junkanki Naika Clinic	◆ Sarusawa Shinryojo ◆ Saiki Clinic (Maikawa)	◆ Kawasaki Family Clinic ◆ Kimura Shoukaki Naika	◆ Iwate Prefectural Senmaya Hospital ◆ Senwa Clinic	◆ Abe Clinic (Higashiyama) ◆ Terasaki Naika Ichouka Clinic	
24	25	26	27	28	29	30
◆ Endo Clinic ◆ Kikuchi Clinic (Iwate) ◆ Sugawara Seikei Geka Clinic	◆ Takagane Naika Hinyoukika Clinic ◆ Abies Kanno Clinic	◆ Iwate Prefectural Daito Hospital ◆ Seishindo Clinic	◆ Moriai Naika Clinic ◆ Iwate Clinic Ichinoseki	◆ Iwate Prefectural Senmaya Hospital ◆ Chiba Naika Clinic	◆ Senmaya Hikari Clinic ◆ Nakano Naika Junkankika Clinic	
31						
◆ Takagane Naika Hinyoukika Clinic ◆ Sato Junkanki Naika Clinic ◆ Nanohana Hifuka Clinic						