

July 2026

Doctors on Duty

◆ **Nighttime medical service** (hours: 18:00~20:00)

◆ **Holiday medical service** (hours: 9:00~17:00)

○ Call **119** for medical emergencies (interpreters available)

○ **019-656-177** or **#7119** (24hr service) when you are uncertain whether you should go to the hospital or not. (Japanese)

○ **019-605-9000** or **#8000** (7pm to 8am) for children under 15. (Japanese)

○ If urgency is low, please consult during the daytime consultation hours on weekdays.

○ Make sure to call the medical facility before showing up.

Confirm on duty doctor (changes can happen): Ichinoseki City Hall (0191-21-2111) or the Fire Department HQ (0191-25-0119)

○ Don't forget your insurance card (My Number Card) and medical diary, if you have one.

Click hyperlinks for information on clinics

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			◆ Kawasaki Family Clinic ◆ Oikawa Naika Ichouka Clinic	◆ Iwate Prefectural Senmaya Hospital ◆ Hiraizumi Naika Clinic	◆ Senmaya Hikari Clinic ◆ Abe Naika Clinic	
5	6	7	8	9	10	11
◆ Tanifuji Naika Clinic ◆ Kato Children's Clinic ◆ Ichinoseki Suzuki Seikei Geka Clinic	◆ Murone Shinryojo ◆ Ichinoseki Chuo Clinic	◆ Moriai Naika Clinic ◆ Ito Noushinkei Naika	◆ Tanifuji Naika Clinic ◆ Onodera Naika Junkankika	◆ Iwate Prefectural Senmaya Hospital ◆ Kato Children's Clinic	◆ Yoshida Naika Junkankika Clinic ◆ Katsurashima Clinic	
12	13	14	15	16	17	18
◆ Kawasaki Family Clinic ◆ Ito Noushinkei Naika ◆ Nakasato Clinic	◆ Tanpopo Clinic ◆ Senwa Clinic	◆ Iwate Prefectural Daito Hospital ◆ Sato Junkanki Naika Clinic	◆ Kawasaki Family Clinic ◆ Kimura Shoukaki Naika	◆ Iwate Prefectural Senmaya Hospital ◆ Saiki Clinic (Maikawa)	◆ Terasaki Naika Ichouka Clinic ◆ Takagane Naika Hinyoukika Clinic	
19	20	21	22	23	24	25
◆ Senmaya Hikari Clinic ◆ Terasaki Naika Ichouka Clinic ◆ Kikuchi Otorhinolaryngolog Dermatology Clinic	◆ Takagane Naika Hinyoukika Clinic ◆ Oikawa Naika Ichouka Clinic ◆ Kageyama Clinic	◆ Sarusawa Shinryojo ◆ Abies Kanno Clinic	◆ Abe Clinic (Higashiyama) ◆ Iwate Clinic Ichinoseki	◆ Iwate Prefectural Senmaya Hospital ◆ Seishindo Clinic	◆ Nakano Naika Junkankika Clinic ◆ Yoshida Naika Junkankika Clinic	
26	27	28	29	30	31	
◆ Murone Shinryojo ◆ Yomogida Naika Clinic ◆ Koiwa Otolaryngology Clinic	◆ Moriai Naika Clinic ◆ Hiraizumi Naika Clinic	◆ Iwate Prefectural Daito Hospital ◆ Yomogida Naika Clinic	◆ Tanifuji Naika Clinic ◆ Sugawara Naika Junkankika Clinic	◆ Iwate Prefectural Senmaya Hospital ◆ Chiba Naika Clinic	◆ Senmaya Hikari Clinic ◆ Abe Naika Clinic	