

November 2026

Doctors on Duty

◆ **Nighttime medical service** (hours: 18:00~20:00)

◆ **Holiday medical service** (hours: 9:00~17:00)

- Call **119** for medical emergencies (interpreters available)
 - **019-656-1774** or **#7119** (24hr service) when you are uncertain whether you should go to the hospital or not. (Multilingual Support available)
 - **019-605-9000** or **#8000** (24hr service) for children under 15. (Japanese)
 - If urgency is low, please consult during the daytime consultation hours on weekdays.
 - Make sure to call the medical facility before showing up.
- Confirm on duty doctor (changes can happen): Ichinoseki City Hall (0191-21-2111) or the Fire Department HQ (0191-25-0119)
- Don't forget your insurance card (My Number Card) and medical diary, if you have one.
- Click hyperlinks for information on clinics

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
<ul style="list-style-type: none"> ◆ Abe Clinic (Higashiyama) ◆ Ito Noushinkei Naika ◆ Okazaki Seikei Geka 	<ul style="list-style-type: none"> ◆ Murone Shinryojo ◆ Hiraizumi Naika Clinic 	<ul style="list-style-type: none"> ◆ Sarusawa Shinryojo ◆ Terasaki Naika Ichouka Clinic ◆ Ichinoseki Suzuki Seikei Geka Clinic 	<ul style="list-style-type: none"> ◆ Kawasaki Family Clinic ◆ Oikawa Naika Ichouka Clinic 	<ul style="list-style-type: none"> ◆ Iwate Prefectural Senmaya Hospital ◆ Ichinoseki Chuo Clinic 	<ul style="list-style-type: none"> ◆ Tanpopo Clinic ◆ Abe Naika Clinic 	
8	9	10	11	12	13	14
<ul style="list-style-type: none"> ◆ Kikuchi Naika Clinic ◆ Oikawa Naika Ichouka Clinic ◆ Nakasato Clinic 	<ul style="list-style-type: none"> ◆ Abe Clinic (Higashiyama) ◆ Ito Noushinkei Naika 	<ul style="list-style-type: none"> ◆ Iwate Prefectural Daito Hospital ◆ Kato Children's Clinic 	<ul style="list-style-type: none"> ◆ Machiura Shinryojo ◆ Onodera Naika Junkankika 	<ul style="list-style-type: none"> ◆ Iwate Prefectural Senmaya Hospital ◆ Sato Junkanki Naika Clinic 	<ul style="list-style-type: none"> ◆ Takagane Naika Hinyoukika Clinic ◆ Katsurashima Clinic 	
15	16	17	18	19	20	21
<ul style="list-style-type: none"> ◆ Moriai Naika Clinic ◆ Yomogida Naika Clinic ◆ Kikuchi Otorhinolaryngolog Dermatology Clinic 	<ul style="list-style-type: none"> ◆ Senmaya Hikari Clinic ◆ Senwa Clinic 	<ul style="list-style-type: none"> ◆ Sarusawa Shinryojo ◆ Seishindo Clinic 	<ul style="list-style-type: none"> ◆ Kawasaki Family Clinic ◆ Kimura Shoukaki Naika 	<ul style="list-style-type: none"> ◆ Iwate Prefectural Senmaya Hospital ◆ Saiki Clinic (Maikawa) 	<ul style="list-style-type: none"> ◆ Moriai Naika Clinic ◆ Terasaki Naika Ichouka Clinic 	
22	23	24	25	26	27	28
<ul style="list-style-type: none"> ◆ Tanpopo Clinic ◆ Onodera Naika Junkankika ◆ Kageyama Clinic 	<ul style="list-style-type: none"> ◆ Machiura Shinryojo ◆ Abe Naika Clinic ◆ Koiwa Otolaryngology Clinic 	<ul style="list-style-type: none"> ◆ Iwate Prefectural Daito Hospital ◆ Abies Kanno Clinic 	<ul style="list-style-type: none"> ◆ Machiura Shinryojo ◆ Iwate Clinic Ichinoseki 	<ul style="list-style-type: none"> ◆ Iwate Prefectural Senmaya Hospital ◆ Chiba Naika Clinic 	<ul style="list-style-type: none"> ◆ Tanifuji Naika Clinic ◆ Nakano Naika Junkankika Clinic 	
29	30					
<ul style="list-style-type: none"> ◆ Tanifuji Naika Clinic ◆ Senwa Clinic 	<ul style="list-style-type: none"> ◆ Yoshida Naika Junkankika Clinic ◆ Yomogida Naika Clinic 					