

September 2026

Doctors on Duty

◆ **Nighttime medical service** (hours: 18:00~20:00)

◆ **Holiday medical service** (hours: 9:00~17:00)

- Call **119** for medical emergencies (interpreters available)
 - **019-656-1774** or **#7119** (24hr service) when you are uncertain whether you should go to the hospital or not. (Multilingual Support available)
 - **019-605-9000** or **#8000** (7pm to 8am) for children under 15. (Japanese)
 - If urgency is low, please consult during the daytime consultation hours on weekdays.
 - Make sure to call the medical facility before showing up.
- Confirm on duty doctor (changes can happen): Ichinoseki City Hall (0191-21-2111) or the Fire Department HQ (0191-25-0119)
- Don't forget your insurance card (My Number Card) and medical diary, if you have one.
- Click hyperlinks for information on clinics

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		◆ Senmaya Hikari Clinic ◆ Hiraizumi Naika Clinic	◆ Kawasaki Family Clinic ◆ Oikawa Naika Ichouka Clinic	◆ Iwate Prefectural Senmaya Hospital ◆ Abe Naika Clinic	◆ Moriai Naika Clinic ◆ Ichinoseki Chuo Clinic	
6	7	8	9	10	11	12
◆ Moriai Naika Clinic ◆ Showa Hospital ◆ Okazaki Seikei Geka	◆ Murone Shinryojo ◆ Ito Noushinkei Naika	◆ Iwate Prefectural Daito Hospital ◆ Kato Children's Clinic	◆ Tanifuji Naika Clinic ◆ Onodera Naika Junkankika	◆ Iwate Prefectural Senmaya Hospital ◆ Katsurashima Clinic	◆ Tanpopo Clinic ◆ Sato Junkanki Naika Clinic	
13	14	15	16	17	18	19
◆ Tanpopo Clinic ◆ Ichinoseki Chuo Clinic ◆ Ichinoseki Suzuki Seikei Geka Clinic	◆ Yoshida Naika Junkankika Clinic ◆ Senwa Clinic	◆ Sarusawa Shinryojo ◆ Kimura Shoukaki Naika	◆ Kawasaki Family Clinic ◆ Iwate Clinic Ichinoseki	◆ Iwate Prefectural Senmaya Hospital ◆ Saiki Clinic (Maikawa)	◆ Abe Clinic (Higashiyama) ◆ Terasaki Naika Ichouka Clinic	
20	21	22	23	24	25	26
◆ Machiura Shinryojo ◆ Kimura Shoukaki Naika ◆ Nakasato Clinic	◆ Tanifuji Naika Clinic ◆ Chiba Naika Clinic ◆ Kikuchi Otorhinolaryngolog Dermatology Clinic	◆ Kawasaki Family Clinic ◆ Hiraizumi Naika Clinic ◆ Kageyama Clinic	◆ Senmaya Hikari Clinic ◆ Kikuchi Clinic (Iwate) ◆ Koiwa Otolaryngology Clinic	◆ Iwate Prefectural Senmaya Hospital ◆ Chiba Naika Clinic	◆ Takagane Naika Hinyoukika Clinic ◆ Abies Kanno Clinic	
27	28	29	30			
◆ Takagane Naika Hinyoukika Clinic ◆ Sato Junkanki Naika Clinic ◆ Senwa Clinic	◆ Senmaya Hikari Clinic ◆ Seishindo Clinic	◆ Moriai Naika Clinic ◆ Nakano Naika Junkankika Clinic	◆ Tanifuji Naika Clinic ◆ Sugawara Naika Junkankika Clinic			